

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|-------------------------------------|--|
| 43 | | 0 | 0 | Side 1: 3.25 steps Outside 35 yd In | 1.75 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 4.0 steps Outside 40 yd In | 8.875 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 0.625 steps Inside 30 yd In | 2.125 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 2.25 steps Outside 40 yd In | 5.75 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 1: 0.75 steps Outside 45 yd In | 11.375 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Inside 45 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Inside 45 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | On 50 yd In | 1.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | On 50 yd In | 7.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 1: 2.0 steps Outside 50 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 1: On 45 yd In | 8.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 40 yd In | 8.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 40 yd In | 8.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 1.75 steps Outside 40 yd In | 12.375 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 1.75 steps Outside 40 yd In | 12.375 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.0 steps Outside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.0 steps Outside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: On 45 yd In | 8.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: On 45 yd In | 8.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: On 45 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: On 45 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 1.375 steps Outside 35 yd In | 2.375 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 0.5 steps Inside 40 yd In | 11.625 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 3.5 steps Inside 30 yd In | 3.0 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 3.0 steps Inside 35 yd In | 2.375 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 1: 3.0 steps Inside 40 yd In | 9.375 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Outside 50 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Outside 50 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | On 50 yd In | 5.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | On 50 yd In | 13.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 1: 2.0 steps Inside 45 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 1: On 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 2.875 steps Outside 45 yd In | 8.125 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 2.875 steps Outside 45 yd In | 8.125 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: On 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: On 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: 4.0 steps Inside 35 yd In | 12.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 4.0 steps Inside 35 yd In | 12.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Inside 35 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Inside 35 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 2.875 steps Inside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 0.125 steps Outside 45 yd In | 13.625 steps In Front Of Back Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 1.875 steps Inside 35 yd In | 9.25 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 0.375 steps Inside 35 yd In | 3.625 steps Behind Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 1: 2.0 steps Outside 40 yd In | 4.375 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 1: 4.0 steps Inside 45 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 1: 4.0 steps Inside 45 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 1: On 45 yd In | 2.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 1: On 45 yd In | 10.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 1: On 40 yd In | 12.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 35 yd In | 12.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 35 yd In | 12.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 1.375 steps Outside 35 yd In | 12.625 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 1.375 steps Outside 35 yd In | 12.625 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 1: On 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: On 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 4.0 steps Inside 35 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 4.0 steps Inside 35 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 1: 4.0 steps Inside 30 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 2.125 steps Inside 35 yd In | 7.0 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: On 30 yd In | 5.125 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 0.625 steps Outside 40 yd In | 7.125 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 1: 1.625 steps Inside 45 yd In | 11.875 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: On 45 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: On 45 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 45 yd In | 12.0 steps Behind Front side line |
| 52 | Move 8 | 188-189 | 8 | On 50 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | On 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 3.125 steps Inside 45 yd In | 2.625 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 3.125 steps Inside 45 yd In | 2.625 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.0 steps Outside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.0 steps Outside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: On 45 yd In | 12.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: On 45 yd In | 12.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Outside 45 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Outside 45 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 1: 2.375 steps Outside 35 yd In | 0.375 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 1.75 steps Outside 40 yd In | 10.375 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 1.875 steps Inside 30 yd In | 0.5 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 3.75 steps Outside 40 yd In | 4.125 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 1: 3.0 steps Outside 45 yd In | 10.5 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 50 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 50 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | On 50 yd In | 2.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | On 50 yd In | 10.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 1: 4.0 steps Inside 45 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 1: On 45 yd In | 12.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 40 yd In | 12.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 40 yd In | 12.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 0.625 steps Inside 40 yd In | 11.125 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 0.625 steps Inside 40 yd In | 11.125 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: On 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: On 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 4.0 steps Inside 45 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 4.0 steps Inside 45 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 0.125 steps Outside 35 yd In | 4.375 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 2.875 steps Inside 40 yd In | 12.75 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 2.5 steps Outside 35 yd In | 5.25 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 1.875 steps Inside 35 yd In | 0.5 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 1: 1.0 steps Inside 40 yd In | 7.875 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | On 50 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | On 50 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | On 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | On 50 yd In | 12.0 steps Behind Front side line |
| 52 | Move 8 | 188-189 | 8 | Side 1: On 45 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 1: On 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 3.0 steps Inside 40 yd In | 9.75 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 3.0 steps Inside 40 yd In | 9.75 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.0 steps Outside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.0 steps Outside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: On 35 yd In | 12.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: On 35 yd In | 12.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Outside 35 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Outside 35 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 1: 1.375 steps Inside 35 yd In | 6.25 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 2.625 steps Outside 45 yd In | 13.625 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 0.375 steps Outside 35 yd In | 7.375 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 1.0 steps Inside 35 yd In | 1.5 steps Behind Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 1: 0.625 steps Outside 40 yd In | 6.25 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 1: 2.0 steps Outside 50 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 1: 2.0 steps Outside 50 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 1: On 45 yd In | 1.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 1: On 45 yd In | 7.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 1: 2.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 1: On 40 yd In | 8.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 35 yd In | 8.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 35 yd In | 8.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 35 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 4.0 steps Inside 30 yd In | 12.0 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 4.0 steps Inside 30 yd In | 12.0 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.0 steps Outside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.0 steps Outside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: On 35 yd In | 8.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: On 35 yd In | 8.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: On 35 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: On 35 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 3.375 steps Outside 45 yd In | 13.75 steps In Front Of Back Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 3.125 steps Inside 45 yd In | 12.125 steps In Front Of Back Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 0.625 steps Outside 45 yd In | 12.75 steps In Front Of Back Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 2.75 steps Inside 45 yd In | 11.75 steps In Front Of Back Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 0.875 steps Outside 40 yd In | 10.625 steps In Front Of Back Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: On 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: On 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 40 yd In | 10.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 40 yd In | 2.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 40 yd In | 6.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 2: 1.625 steps Inside 45 yd In | 13.75 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 1.625 steps Inside 45 yd In | 13.75 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 2: 4.0 steps Outside 45 yd In | 4.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 4.0 steps Outside 45 yd In | 4.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Outside 45 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Outside 45 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 4.0 steps Inside 30 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 0.75 steps Inside 35 yd In | 4.875 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 0.75 steps Inside 30 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 1.25 steps Inside 40 yd In | 8.375 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 1: 4.0 steps Inside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Outside 45 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Outside 45 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 45 yd In | 5.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 45 yd In | 13.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 2.0 steps Outside 50 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | On 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 3.125 steps Outside 50 yd In | 0.5 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 3.125 steps Outside 50 yd In | 0.5 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: On 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: On 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: 4.0 steps Inside 45 yd In | 12.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 4.0 steps Inside 45 yd In | 12.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Inside 45 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Inside 45 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 1: 1.125 steps Outside 35 yd In | 5.0 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: On 35 yd In | 0.375 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 2.875 steps Outside 35 yd In | 11.625 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 2.75 steps Outside 45 yd In | 10.0 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 0.75 steps Outside 50 yd In | 11.375 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Inside 40 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Inside 40 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 45 yd In | 1.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 45 yd In | 7.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 2.0 steps Inside 45 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | On 50 yd In | 8.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 45 yd In | 8.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 45 yd In | 8.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 0.75 steps Outside 45 yd In | 6.375 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 0.75 steps Outside 45 yd In | 6.375 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.0 steps Inside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.0 steps Inside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: On 40 yd In | 12.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: On 40 yd In | 12.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Outside 40 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Outside 40 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|-------------------------------------|--|
| 43 | | 0 | 0 | Side 1: 2.375 steps Inside 35 yd In | 2.625 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 1.375 steps Inside 35 yd In | 5.375 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 3.0 steps Inside 35 yd In | 11.125 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 1.625 steps Inside 45 yd In | 10.75 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 3.0 steps Inside 45 yd In | 9.375 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Outside 40 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Outside 40 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 40 yd In | 5.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 40 yd In | 13.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 2.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | On 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | On 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 1.5 steps Outside 50 yd In | 1.75 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 1.5 steps Outside 50 yd In | 1.75 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: On 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: On 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: On 45 yd In | 12.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: On 45 yd In | 12.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Inside 45 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Inside 45 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 1: 2.0 steps Outside 40 yd In | 0.625 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 3.375 steps Outside 40 yd In | 9.5 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 0.5 steps Inside 40 yd In | 8.625 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 2.125 steps Outside 50 yd In | 10.375 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 0.625 steps Outside 45 yd In | 6.25 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Inside 35 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Inside 35 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 40 yd In | 1.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 40 yd In | 7.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 2.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 45 yd In | 8.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | On 50 yd In | 8.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | On 50 yd In | 8.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | On 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 1.5 steps Outside 50 yd In | 1.75 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 1.5 steps Outside 50 yd In | 1.75 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | On 50 yd In | 12.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | On 50 yd In | 12.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Outside 50 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Outside 50 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 0.125 steps Outside 40 yd In | 0.25 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 1.125 steps Outside 40 yd In | 10.75 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 3.0 steps Inside 40 yd In | 7.125 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: On 50 yd In | 9.875 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 2.0 steps Outside 45 yd In | 4.375 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: On 35 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: On 35 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 35 yd In | 12.0 steps Behind Front side line |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 40 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: On 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: On 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 2.875 steps Outside 45 yd In | 8.125 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 2.875 steps Outside 45 yd In | 8.125 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | On 50 yd In | 8.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | On 50 yd In | 8.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | On 50 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | On 50 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 3.875 steps Outside 40 yd In | 1.625 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 2.75 steps Inside 35 yd In | 7.625 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 2.25 steps Outside 40 yd In | 10.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 3.75 steps Inside 45 yd In | 10.75 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 1.125 steps Inside 45 yd In | 7.875 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 40 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 40 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 40 yd In | 2.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 40 yd In | 10.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 45 yd In | 12.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | On 50 yd In | 12.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | On 50 yd In | 12.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | On 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | On 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | On 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Inside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Inside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Outside 50 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Outside 50 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|-------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 3.75 steps Inside 40 yd In | 1.75 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 0.125 steps Inside 45 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 4.0 steps Outside 45 yd In | On Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 35 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 35 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 35 yd In | 2.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 35 yd In | 10.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 4.0 steps Outside 40 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 40 yd In | 12.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 2: On 45 yd In | 12.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 2: On 45 yd In | 12.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 2: On 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 3.125 steps Inside 45 yd In | 2.625 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 3.125 steps Inside 45 yd In | 2.625 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: On 40 yd In | 12.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: On 40 yd In | 12.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Inside 40 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Inside 40 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 0.625 steps Inside 35 yd In | 3.875 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 0.5 steps Inside 35 yd In | 2.875 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 0.125 steps Inside 35 yd In | 11.75 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 0.625 steps Outside 45 yd In | 10.5 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 2.875 steps Outside 50 yd In | 10.5 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: On 40 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: On 40 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 40 yd In | 12.0 steps Behind Front side line |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 45 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | On 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | On 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 3.125 steps Outside 50 yd In | 0.5 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 3.125 steps Outside 50 yd In | 0.5 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Outside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Outside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Outside 45 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Outside 45 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 1.75 steps Inside 40 yd In | 1.0 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 1.375 steps Inside 40 yd In | 11.5 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 2.375 steps Outside 45 yd In | 5.625 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 2.125 steps Outside 50 yd In | 9.0 steps In Front Of Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 3.125 steps Outside 45 yd In | 2.25 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Outside 35 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Outside 35 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 35 yd In | 5.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 35 yd In | 13.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 2.0 steps Outside 40 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: On 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: On 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 0.75 steps Outside 45 yd In | 6.375 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 0.75 steps Outside 45 yd In | 6.375 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: On 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: On 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: On 35 yd In | 12.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: On 35 yd In | 12.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Inside 35 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Inside 35 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 1: 1.0 steps Inside 45 yd In | On Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 3.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 3.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 3.0 steps Outside 50 yd In | 4.875 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 1: 0.375 steps Outside 40 yd In | 9.875 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 1: On 45 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 1: On 45 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 1: 3.0 steps Inside 45 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 3.0 steps Outside 50 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 3.0 steps Inside 45 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 3.0 steps Inside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: 3.0 steps Outside 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 3.0 steps Outside 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 3.0 steps Outside 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 3.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 3.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 3.875 steps Outside 50 yd In | 0.125 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 3.875 steps Outside 50 yd In | 0.125 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: 3.875 steps Outside 50 yd In | 8.125 steps In Front Of Front Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 3.875 steps Outside 50 yd In | 8.125 steps In Front Of Front Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 1: 0.125 steps Inside 45 yd In | 10.125 steps In Front Of Front Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 1: 0.125 steps Inside 45 yd In | 10.125 steps In Front Of Front Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 1: 4.0 steps Inside 45 yd In | On Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | On 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | On 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 0.25 steps Outside 50 yd In | 6.0 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 1: 2.625 steps Inside 40 yd In | 9.875 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 1: 3.0 steps Inside 45 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 1: 3.0 steps Inside 45 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 1: 2.0 steps Outside 50 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 2.0 steps Inside 45 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 45 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | On 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | On 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | On 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | On 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | On 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 0.875 steps Outside 50 yd In | 0.125 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 0.875 steps Outside 50 yd In | 0.125 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: 0.875 steps Outside 50 yd In | 8.125 steps In Front Of Front Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 0.875 steps Outside 50 yd In | 8.125 steps In Front Of Front Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 1: 3.125 steps Inside 45 yd In | 10.125 steps In Front Of Front Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 1: 3.125 steps Inside 45 yd In | 10.125 steps In Front Of Front Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 1: 2.0 steps Outside 50 yd In | On Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 2.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 2.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 1.75 steps Outside 50 yd In | 6.625 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 1: 3.375 steps Outside 45 yd In | 9.875 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 1: 3.0 steps Outside 50 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 1: 3.0 steps Outside 50 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | On 50 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 45 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 2.0 steps Outside 45 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 2.0 steps Outside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: 2.0 steps Outside 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 2.0 steps Outside 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 2.0 steps Outside 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 2.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 2.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 1.125 steps Outside 50 yd In | 0.125 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 1.125 steps Outside 50 yd In | 0.125 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: 1.125 steps Outside 50 yd In | 8.125 steps In Front Of Front Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 1.125 steps Outside 50 yd In | 8.125 steps In Front Of Front Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.875 steps Outside 50 yd In | 10.125 steps In Front Of Front Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 1: 2.875 steps Outside 50 yd In | 10.125 steps In Front Of Front Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|-------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 1.0 steps Outside 45 yd In | 2.5 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 2.0 steps Inside 45 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 2.0 steps Inside 45 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 3.375 steps Inside 45 yd In | 7.125 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 1: 0.5 steps Outside 45 yd In | 9.875 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 1: On 50 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 1: On 50 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: 3.0 steps Outside 50 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 3.0 steps Outside 45 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 3.0 steps Outside 50 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 3.0 steps Outside 50 yd In | 12.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: 3.0 steps Inside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 3.0 steps Inside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 3.0 steps Inside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 3.0 steps Inside 45 yd In | 12.0 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 3.0 steps Inside 45 yd In | 12.0 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.125 steps Inside 45 yd In | 3.875 steps Behind Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.125 steps Inside 45 yd In | 3.875 steps Behind Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: 2.125 steps Inside 45 yd In | 4.125 steps In Front Of Front Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 2.125 steps Inside 45 yd In | 4.125 steps In Front Of Front Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | On 50 yd In | 10.0 steps In Front Of Front Hash (HS) |
| 64 | Hold | 225-227 | 9 | On 50 yd In | 10.0 steps In Front Of Front Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 2.25 steps Outside 50 yd In | 3.125 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 2.0 steps Outside 50 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 2.0 steps Outside 50 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 0.625 steps Outside 45 yd In | 7.0 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 1: 3.5 steps Inside 45 yd In | 9.875 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 3.875 steps Outside 50 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 3.875 steps Outside 50 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: 2.0 steps Inside 45 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 2.0 steps Inside 40 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 2.0 steps Inside 45 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 2.0 steps Inside 45 yd In | 12.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: 2.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 2.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 2.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 2.0 steps Outside 50 yd In | 12.0 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 2.0 steps Outside 50 yd In | 12.0 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.875 steps Outside 50 yd In | 3.875 steps Behind Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.875 steps Outside 50 yd In | 3.875 steps Behind Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: 2.875 steps Outside 50 yd In | 4.125 steps In Front Of Front Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 2.875 steps Outside 50 yd In | 4.125 steps In Front Of Front Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 2: 3.0 steps Outside 50 yd In | 10.0 steps In Front Of Front Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 2: 3.0 steps Outside 50 yd In | 10.0 steps In Front Of Front Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 2.5 steps Outside 50 yd In | 3.75 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 2.0 steps Outside 50 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 2.0 steps Outside 50 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 3.5 steps Inside 40 yd In | 5.875 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 1: 0.5 steps Outside 50 yd In | 10.0 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 0.125 steps Inside 45 yd In | 11.875 steps In Front Of Back Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 0.125 steps Inside 45 yd In | 11.875 steps In Front Of Back Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: 0.875 steps Outside 45 yd In | 7.875 steps In Front Of Back Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 0.875 steps Outside 40 yd In | 7.875 steps In Front Of Back Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 0.875 steps Outside 45 yd In | 7.875 steps In Front Of Back Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 0.875 steps Outside 45 yd In | 12.125 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: 0.875 steps Outside 50 yd In | 8.125 steps Behind Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 0.875 steps Outside 50 yd In | 8.125 steps Behind Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 0.875 steps Outside 50 yd In | 8.125 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 0.875 steps Outside 50 yd In | 12.125 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 0.875 steps Outside 50 yd In | 12.125 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | On 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | On 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | On 50 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | On 50 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.125 steps Inside 45 yd In | 9.875 steps In Front Of Front Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 2: 2.125 steps Inside 45 yd In | 9.875 steps In Front Of Front Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 2: 0.75 steps Outside 50 yd In | 3.75 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 2.0 steps Inside 45 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 2.0 steps Inside 45 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: On 40 yd In | 4.0 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 3.5 steps Outside 50 yd In | 10.0 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 3.875 steps Outside 45 yd In | 11.875 steps In Front Of Back Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 3.875 steps Outside 45 yd In | 11.875 steps In Front Of Back Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 3.125 steps Outside 50 yd In | 3.875 steps Behind Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 3.125 steps Outside 50 yd In | 3.875 steps Behind Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: 3.125 steps Outside 50 yd In | 4.125 steps In Front Of Front Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 3.125 steps Outside 50 yd In | 4.125 steps In Front Of Front Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 2: 1.0 steps Outside 45 yd In | 10.0 steps In Front Of Front Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 2: 1.0 steps Outside 45 yd In | 10.0 steps In Front Of Front Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 1: 3.375 steps Outside 40 yd In | 9.5 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 2.375 steps Inside 45 yd In | 13.0 steps In Front Of Back Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 3.625 steps Outside 40 yd In | 11.0 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 0.125 steps Inside 35 yd In | 5.875 steps Behind Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 1: 3.125 steps Outside 40 yd In | 2.25 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 1: 2.0 steps Inside 45 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 1: 2.0 steps Inside 45 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 1: On 45 yd In | 5.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 1: On 45 yd In | 13.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 1: 2.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 1: On 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 35 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 35 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 3.75 steps Inside 35 yd In | 13.625 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 3.75 steps Inside 35 yd In | 13.625 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 4.0 steps Inside 40 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 4.0 steps Inside 40 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 1.5 steps Outside 40 yd In | 11.0 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 3.0 steps Outside 50 yd In | 12.625 steps In Front Of Back Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 1.0 steps Outside 40 yd In | 12.5 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: On 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 1: 4.0 steps Inside 35 yd In | On Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 1: On 45 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 1: On 45 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 1: On 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 1: On 45 yd In | 12.0 steps Behind Front side line |
| 52 | Move 8 | 188-189 | 8 | Side 1: On 40 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 1: On 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 35 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 1.25 steps Inside 35 yd In | 13.5 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 1.25 steps Inside 35 yd In | 13.5 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.0 steps Inside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.0 steps Inside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: On 40 yd In | 8.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: On 40 yd In | 8.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: On 40 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: On 40 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|-------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 3.875 steps Inside 45 yd In | 3.625 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: On 40 yd In | 4.0 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: On 45 yd In | On Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 2.0 steps Outside 40 yd In | 4.0 steps Behind Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 0.75 steps Inside 45 yd In | 10.125 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 1: On 45 yd In | 4.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 1: On 45 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 1: On 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 35 yd In | 12.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 1: 2.5 steps Inside 35 yd In | 4.5 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 2.5 steps Inside 35 yd In | 4.5 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 1: On 40 yd In | 8.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 1: On 40 yd In | 8.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 1: 4.0 steps Inside 35 yd In | On Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 4.0 steps Inside 35 yd In | On Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 4.0 steps Inside 35 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 4.0 steps Inside 35 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|-------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 0.25 steps Outside 45 yd In | 3.125 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 2.875 steps Inside 35 yd In | 1.625 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 3.625 steps Inside 40 yd In | 1.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 1.375 steps Inside 35 yd In | 1.25 steps Behind Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 3.375 steps Inside 40 yd In | 9.75 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | On 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | On 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 1: On 45 yd In | 10.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 1: On 45 yd In | 2.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 1: On 45 yd In | 6.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 35 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 35 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 1: 3.0 steps Outside 40 yd In | 5.25 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 3.0 steps Outside 40 yd In | 5.25 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.0 steps Inside 40 yd In | 8.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.0 steps Inside 40 yd In | 8.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 1: On 40 yd In | On Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: On 40 yd In | On Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: On 40 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: On 40 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 2: 1.75 steps Inside 45 yd In | 3.375 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 2.625 steps Outside 40 yd In | 3.125 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 2.25 steps Outside 45 yd In | 0.375 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 3.625 steps Inside 35 yd In | 2.75 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 2.0 steps Outside 45 yd In | 10.0 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 1: 2.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 1: 2.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 1: On 45 yd In | 7.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 1: On 45 yd In | 1.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 1: On 45 yd In | 9.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 35 yd In | 12.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 35 yd In | 12.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 35 yd In | 8.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 1: On 35 yd In | 4.0 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 1: On 35 yd In | 4.0 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.0 steps Outside 40 yd In | 8.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.0 steps Outside 40 yd In | 8.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 1: On 35 yd In | On Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: On 35 yd In | On Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: On 35 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: On 35 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 2: 3.75 steps Inside 40 yd In | 2.125 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 0.75 steps Outside 35 yd In | 2.625 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 0.375 steps Outside 40 yd In | 3.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 2.5 steps Outside 35 yd In | 2.5 steps In Front Of Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 1.625 steps Outside 40 yd In | 8.125 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | On 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | On 50 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | On 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 40 yd In | 12.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 1: 3.875 steps Inside 40 yd In | 8.625 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 3.875 steps Inside 40 yd In | 8.625 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 1: On 45 yd In | 8.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 1: On 45 yd In | 8.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 1: 4.0 steps Inside 45 yd In | On Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 4.0 steps Inside 45 yd In | On Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 4.0 steps Inside 45 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 4.0 steps Inside 45 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 2: 2.25 steps Outside 45 yd In | 2.625 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 0.875 steps Inside 35 yd In | 0.25 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 1.625 steps Inside 40 yd In | 1.875 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 0.625 steps Outside 35 yd In | 0.5 steps In Front Of Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 0.75 steps Inside 40 yd In | 9.25 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 1: On 45 yd In | 13.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 1: On 45 yd In | 5.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 1: On 45 yd In | 3.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 35 yd In | 12.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 1: 0.625 steps Outside 40 yd In | 6.25 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 0.625 steps Outside 40 yd In | 6.25 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 1: 4.0 steps Inside 40 yd In | On Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 4.0 steps Inside 40 yd In | On Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 4.0 steps Inside 40 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 4.0 steps Inside 40 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 2: 0.25 steps Outside 40 yd In | 0.75 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 2.25 steps Outside 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 3.75 steps Outside 40 yd In | 6.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 2.5 steps Inside 30 yd In | 6.875 steps In Front Of Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 3.0 steps Inside 35 yd In | 4.25 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: On 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: On 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | On 50 yd In | 10.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | On 50 yd In | 2.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | On 50 yd In | 6.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 1: 4.0 steps Inside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 1: 2.125 steps Outside 45 yd In | 10.125 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 2.125 steps Outside 45 yd In | 10.125 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.0 steps Outside 40 yd In | 12.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.0 steps Outside 40 yd In | 12.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 1: On 35 yd In | 4.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: On 35 yd In | 4.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Outside 35 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Outside 35 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 2.125 steps Outside 40 yd In | On Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 2.125 steps Outside 35 yd In | 10.875 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 2.875 steps Inside 35 yd In | 7.75 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 1.375 steps Inside 30 yd In | 9.375 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 1.75 steps Inside 35 yd In | 2.0 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Outside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Outside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | On 50 yd In | 13.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | On 50 yd In | 5.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | On 50 yd In | 3.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 1: 0.125 steps Outside 45 yd In | 11.875 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 0.125 steps Outside 45 yd In | 11.875 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 1: On 40 yd In | 12.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 1: On 40 yd In | 12.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 1: 4.0 steps Inside 35 yd In | 4.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 4.0 steps Inside 35 yd In | 4.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Inside 35 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Inside 35 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 4.0 steps Inside 35 yd In | 1.0 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 1.375 steps Outside 35 yd In | 13.625 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 1.75 steps Inside 35 yd In | 9.625 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 0.625 steps Inside 30 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 0.625 steps Inside 35 yd In | 0.375 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 45 yd In | 4.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 45 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 45 yd In | 12.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 1: 3.25 steps Inside 45 yd In | 12.375 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 3.25 steps Inside 45 yd In | 12.375 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 1: 4.0 steps Inside 40 yd In | 4.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 4.0 steps Inside 40 yd In | 4.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Inside 40 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Inside 40 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 1.375 steps Outside 35 yd In | 4.25 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps Behind Front side line |
| 45 | Move 16 | Perc | 16 | Side 2: On 35 yd In | 11.875 steps Behind Front side line |
| 46 | Move 14 | 168-171 | 14 | Side 2: On 30 yd In | 8.0 steps Behind Front side line |
| 47 | Move 16 | 172-175 | 16 | Side 2: 2.0 steps Outside 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Outside 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Outside 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 45 yd In | 13.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 45 yd In | 5.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 45 yd In | 3.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 45 yd In | 12.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 1: 2.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 2.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: On 45 yd In | 12.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 1: On 45 yd In | 12.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 1: 4.0 steps Inside 45 yd In | 4.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 4.0 steps Inside 45 yd In | 4.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Inside 45 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Inside 45 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|-------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 2.0 steps Outside 50 yd In | On Front side line |
| 44 | Move 16 | Perc | 16 | Side 2: 2.0 steps Outside 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 2.0 steps Outside 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 3.375 steps Inside 40 yd In | 7.75 steps Behind Front side line |
| 47 | Move 16 | 172-175 | 16 | Side 1: 3.0 steps Inside 35 yd In | 14.0 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 1: 4.0 steps Inside 45 yd In | On Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 1: On 45 yd In | 12.0 steps Behind Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 1: 2.0 steps Outside 40 yd In | 12.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 25 yd In | 12.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 1.5 steps Outside 30 yd In | 2.125 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 1.5 steps Outside 30 yd In | 2.125 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps Behind Front Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|------------------------------------|--|
| 43 | | 0 | 0 | Side 1: 2.0 steps Outside 50 yd In | On Front side line |
| 44 | Move 16 | Perc | 16 | Side 1: 2.0 steps Outside 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 2.0 steps Outside 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps Behind Front side line |
| 47 | Move16 | 172-175 | 16 | Side 1: On 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 1: On 45 yd In | 12.0 steps Behind Front side line |
| 49 | Hold 11 | 180-183 | 11 | Side 1: On 45 yd In | 12.0 steps Behind Front side line |
| 50 | Move 8 | 184-185 | 8 | Side 1: 4.0 steps Inside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 1: 4.0 steps Inside 45 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 1: 4.0 steps Inside 45 yd In | 4.0 steps Behind Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 1: 2.0 steps Inside 40 yd In | 4.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 35 yd In | On Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 35 yd In | On Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 30 yd In | 4.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 4.0 steps Inside 25 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 4.0 steps Inside 25 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: On 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: On 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: On 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 1: On 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 1: On 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 1: On 30 yd In | 8.0 steps Behind Front Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 1.0 steps Outside 45 yd In | 9.75 steps Behind Front side line |
| 44 | Move 16 | Perc | 16 | Side 2: 1.625 steps Outside 45 yd In | On Front side line |
| 45 | Move 16 | Perc | 16 | Side 2: 1.625 steps Outside 45 yd In | On Front side line |
| 46 | Move 14 | 168-171 | 14 | Side 1: 2.625 steps Inside 45 yd In | 7.875 steps Behind Front side line |
| 47 | Move16 | 172-175 | 16 | Side 1: 1.25 steps Outside 40 yd In | 8.5 steps Behind Front side line |
| 48 | Move 16 | 176-179 | 16 | On 50 yd In | 12.0 steps Behind Front side line |
| 49 | Hold 11 | 180-183 | 11 | On 50 yd In | 12.0 steps Behind Front side line |
| 50 | Move 8 | 184-185 | 8 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 4.0 steps Outside 50 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 4.0 steps Outside 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 1: 2.0 steps Inside 45 yd In | 4.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 40 yd In | On Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 40 yd In | On Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 35 yd In | 4.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 2.375 steps Inside 30 yd In | 7.5 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 2.375 steps Inside 30 yd In | 7.5 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.125 steps Outside 35 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.125 steps Outside 35 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: 2.125 steps Outside 35 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 2.125 steps Outside 35 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.125 steps Outside 35 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 1: 2.125 steps Outside 35 yd In | 8.0 steps In Front Of Back Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|-------------------------------------|---------------------------------------|
| 43 | | 0 | 0 | Side 2: 2.0 steps Outside 45 yd In | 8.0 steps Behind Front side line |
| 44 | Move 16 | Perc | 16 | Side 2: 2.0 steps Inside 40 yd In | On Front side line |
| 45 | Move 16 | Perc | 16 | Side 2: 2.0 steps Inside 40 yd In | On Front side line |
| 46 | Move 14 | 168-171 | 14 | Side 2: 1.0 steps Outside 45 yd In | 10.5 steps Behind Front side line |
| 47 | Move16 | 172-175 | 16 | Side 2: 2.125 steps Inside 40 yd In | 9.5 steps Behind Front side line |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: 4.0 steps Outside 35 yd In | On Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 35 yd In | 12.0 steps Behind Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 35 yd In | 12.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: On 35 yd In | 12.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 0.5 steps Outside 35 yd In | 11.75 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 0.5 steps Outside 35 yd In | 11.75 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: On 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: On 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: On 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 2: On 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 2: On 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 2: On 40 yd In | 8.0 steps Behind Front Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 3.75 steps Outside 40 yd In | 11.5 steps Behind Front side line |
| 44 | Move 16 | Perc | 16 | Side 2: 1.625 steps Outside 40 yd In | On Front side line |
| 45 | Move 16 | Perc | 16 | Side 2: 1.625 steps Outside 40 yd In | On Front side line |
| 46 | Move 14 | 168-171 | 14 | Side 2: 3.0 steps Inside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 4.0 steps Outside 40 yd In | 12.0 steps Behind Front side line |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 30 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 30 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: 4.0 steps Outside 30 yd In | On Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 4.0 steps Outside 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 30 yd In | 12.0 steps Behind Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 30 yd In | 12.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: On 30 yd In | 12.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 2.375 steps Inside 30 yd In | 7.5 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 2.375 steps Inside 30 yd In | 7.5 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Inside 35 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Inside 35 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: 2.0 steps Inside 35 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 2.0 steps Inside 35 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Inside 35 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Inside 35 yd In | 8.0 steps In Front Of Back Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 3.625 steps Inside 40 yd In | 12.125 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 3.25 steps Outside 45 yd In | On Front side line |
| 45 | Move 16 | Perc | 16 | Side 2: 3.25 steps Outside 45 yd In | On Front side line |
| 46 | Move 14 | 168-171 | 14 | Side 2: 1.875 steps Outside 50 yd In | 8.75 steps Behind Front side line |
| 47 | Move 16 | 172-175 | 16 | Side 2: 0.375 steps Inside 45 yd In | 7.125 steps Behind Front side line |
| 48 | Move 16 | 176-179 | 16 | Side 2: On 35 yd In | 12.0 steps Behind Front side line |
| 49 | Hold 11 | 180-183 | 11 | Side 2: On 35 yd In | 12.0 steps Behind Front side line |
| 50 | Move 8 | 184-185 | 8 | Side 2: 4.0 steps Outside 35 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 4.0 steps Outside 35 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 4.0 steps Outside 35 yd In | 4.0 steps Behind Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 30 yd In | 4.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: On 35 yd In | On Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: On 35 yd In | On Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 35 yd In | 4.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 1.5 steps Outside 30 yd In | 2.125 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 1.5 steps Outside 30 yd In | 2.125 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Outside 30 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Outside 30 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: 2.0 steps Outside 30 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 2.0 steps Outside 30 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Outside 30 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Outside 30 yd In | 8.0 steps In Front Of Back Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|-------------------------------------|---|
| 43 | | 0 | 0 | Side 2: 2.0 steps Inside 45 yd In | 8.0 steps Behind Front side line |
| 44 | Move 16 | Perc | 16 | Side 2: 1.0 steps Outside 50 yd In | On Front side line |
| 45 | Move 16 | Perc | 16 | Side 2: 1.0 steps Outside 50 yd In | On Front side line |
| 46 | Move 14 | 168-171 | 14 | Side 2: 1.0 steps Outside 50 yd In | On Front side line |
| 47 | Move 16 | 172-175 | 16 | Side 1: 2.625 steps Inside 45 yd In | 3.875 steps Behind Front side line |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: 4.0 steps Outside 45 yd In | On Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 45 yd In | 12.0 steps Behind Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 1: 2.0 steps Outside 50 yd In | 12.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 35 yd In | 12.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 2.5 steps Outside 40 yd In | 13.375 steps In Front Of Back Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 2.5 steps Outside 40 yd In | 13.375 steps In Front Of Back Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: On 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: On 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: On 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 1: On 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 1: On 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 1: On 45 yd In | 8.0 steps Behind Front Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|-------------------------------------|---------------------------------------|
| 43 | | 0 | 0 | Side 2: 1.0 steps Inside 45 yd In | 9.75 steps Behind Front side line |
| 44 | Move 16 | Perc | 16 | Side 2: 2.0 steps Inside 45 yd In | On Front side line |
| 45 | Move 16 | Perc | 16 | Side 2: 2.0 steps Inside 45 yd In | On Front side line |
| 46 | Move 14 | 168-171 | 14 | Side 2: 2.0 steps Inside 45 yd In | On Front side line |
| 47 | Move 16 | 172-175 | 16 | Side 2: 1.25 steps Outside 50 yd In | 5.125 steps Behind Front side line |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: 4.0 steps Outside 40 yd In | On Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 40 yd In | 12.0 steps Behind Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 40 yd In | 12.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Inside 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Inside 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: On 40 yd In | 12.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---------------------------------------|
| 43 | | 0 | 0 | Side 1: 3.75 steps Outside 50 yd In | 11.5 steps Behind Front side line |
| 44 | Move 16 | Perc | 16 | Side 1: 1.625 steps Outside 50 yd In | On Front side line |
| 45 | Move 16 | Perc | 16 | Side 1: 1.625 steps Outside 50 yd In | On Front side line |
| 46 | Move 14 | 168-171 | 14 | Side 1: 1.625 steps Outside 50 yd In | On Front side line |
| 47 | Move 16 | 172-175 | 16 | Side 1: 3.875 steps Outside 45 yd In | 4.625 steps Behind Front side line |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: 4.0 steps Outside 50 yd In | On Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | On 50 yd In | 12.0 steps Behind Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 1: 2.0 steps Outside 45 yd In | 12.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 30 yd In | 12.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 0.5 steps Outside 35 yd In | 11.75 steps Behind Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 0.5 steps Outside 35 yd In | 11.75 steps Behind Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.0 steps Inside 40 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.0 steps Inside 40 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: 2.0 steps Inside 40 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 2.0 steps Inside 40 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Inside 40 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Inside 40 yd In | 8.0 steps In Front Of Back Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 1.875 steps Inside 30 yd In | 8.25 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 0.75 steps Outside 35 yd In | 9.875 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 1.0 steps Inside 40 yd In | 13.625 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 1.25 steps Outside 35 yd In | 10.25 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 1.375 steps Outside 30 yd In | 8.25 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: On 25 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: On 25 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 30 yd In | 10.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 30 yd In | 2.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 30 yd In | 6.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 35 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 40 yd In | 12.0 steps Behind Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 2: On 35 yd In | 4.0 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 2: On 35 yd In | 4.0 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Inside 40 yd In | 8.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Inside 40 yd In | 8.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 2: 4.0 steps Outside 40 yd In | On Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 4.0 steps Outside 40 yd In | On Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 4.0 steps Outside 40 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 4.0 steps Outside 40 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 2: 3.0 steps Outside 35 yd In | 5.5 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 3.875 steps Inside 35 yd In | 12.625 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 1.25 steps Outside 45 yd In | 12.875 steps In Front Of Back Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 3.375 steps Inside 35 yd In | 12.75 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 1.375 steps Inside 30 yd In | 12.375 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 30 yd In | 4.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 30 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 30 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 2: On 40 yd In | 12.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 2: 0.625 steps Outside 40 yd In | 6.25 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 0.625 steps Outside 40 yd In | 6.25 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 2: On 45 yd In | 8.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 2: On 45 yd In | 8.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 2: On 45 yd In | On Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: On 45 yd In | On Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: On 45 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: On 45 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 3.375 steps Inside 30 yd In | 6.75 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 1.5 steps Inside 35 yd In | 11.375 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 3.875 steps Inside 40 yd In | 13.5 steps In Front Of Back Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 1.0 steps Inside 35 yd In | 11.5 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 0.125 steps Outside 30 yd In | 10.375 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Inside 25 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Inside 25 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 30 yd In | 7.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 30 yd In | 1.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 30 yd In | 9.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 35 yd In | 12.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 40 yd In | 12.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 40 yd In | 12.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 2: On 40 yd In | 8.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 2: 3.0 steps Outside 40 yd In | 5.25 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 3.0 steps Outside 40 yd In | 5.25 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Outside 45 yd In | 8.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Outside 45 yd In | 8.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 2: 4.0 steps Outside 45 yd In | On Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 4.0 steps Outside 45 yd In | On Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 4.0 steps Outside 45 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 4.0 steps Outside 45 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 2.375 steps Outside 50 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 0.75 steps Inside 40 yd In | 13.625 steps In Front Of Back Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 3.375 steps Outside 50 yd In | 12.125 steps In Front Of Back Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 0.25 steps Inside 40 yd In | 13.375 steps In Front Of Back Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 2.625 steps Outside 35 yd In | 12.5 steps In Front Of Back Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: On 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: On 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 35 yd In | 10.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 35 yd In | 2.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 35 yd In | 6.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 2: 1.625 steps Inside 40 yd In | 7.375 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 1.625 steps Inside 40 yd In | 7.375 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Inside 45 yd In | 8.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Inside 45 yd In | 8.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 2: 4.0 steps Outside 50 yd In | On Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 4.0 steps Outside 50 yd In | On Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 4.0 steps Outside 50 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 4.0 steps Outside 50 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|-------------------------------------|---|
| 43 | | 0 | 0 | On 50 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 1.75 steps Outside 40 yd In | 13.625 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 1.625 steps Inside 45 yd In | 12.375 steps In Front Of Back Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 2.25 steps Outside 40 yd In | 13.75 steps Behind Front Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 3.25 steps Inside 30 yd In | 13.875 steps In Front Of Back Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Outside 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Outside 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 35 yd In | 13.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 35 yd In | 5.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 35 yd In | 3.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 2: 3.875 steps Inside 40 yd In | 8.625 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 3.875 steps Inside 40 yd In | 8.625 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | On 50 yd In | On Front side line |
| 62 | Hold 8 | 221-222 | 8 | On 50 yd In | On Front side line |
| 63 | Move 8 | 223-224 | 8 | On 50 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | On 50 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 1.0 steps Inside 45 yd In | 12.5 steps In Front Of Back Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 2.125 steps Outside 45 yd In | 12.5 steps In Front Of Back Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 2.625 steps Outside 50 yd In | 12.125 steps In Front Of Back Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 2.5 steps Outside 45 yd In | 12.125 steps In Front Of Back Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 2.125 steps Inside 35 yd In | 10.875 steps In Front Of Back Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 35 yd In | 4.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 35 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 35 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 2: On 45 yd In | 12.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 2: 0.125 steps Outside 45 yd In | 11.875 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 0.125 steps Outside 45 yd In | 11.875 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 2: On 40 yd In | 4.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: On 40 yd In | 4.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Inside 40 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Inside 40 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 3.375 steps Inside 45 yd In | 12.125 steps In Front Of Back Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 3.25 steps Inside 40 yd In | 12.875 steps In Front Of Back Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 0.375 steps Outside 50 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 2.875 steps Inside 40 yd In | 12.625 steps In Front Of Back Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 0.25 steps Outside 35 yd In | 11.5 steps In Front Of Back Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Inside 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Inside 30 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 35 yd In | 7.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 35 yd In | 1.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 35 yd In | 9.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 40 yd In | 12.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 2: On 45 yd In | 8.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 2: 2.125 steps Outside 45 yd In | 10.125 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 2.125 steps Outside 45 yd In | 10.125 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 2: 4.0 steps Outside 40 yd In | 4.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 4.0 steps Outside 40 yd In | 4.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Outside 40 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Outside 40 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 1: 1.25 steps Outside 45 yd In | 13.0 steps In Front Of Back Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 0.5 steps Inside 45 yd In | 12.25 steps In Front Of Back Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 2.375 steps Inside 45 yd In | 12.375 steps In Front Of Back Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 0.125 steps Inside 45 yd In | 11.875 steps In Front Of Back Hash (HS) |
| 47 | Move 16 | 172-175 | 16 | Side 2: 3.375 steps Outside 40 yd In | 10.5 steps In Front Of Back Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Outside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Outside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 40 yd In | 13.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 40 yd In | 5.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 40 yd In | 3.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 2: 3.25 steps Inside 45 yd In | 12.375 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 3.25 steps Inside 45 yd In | 12.375 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: On 45 yd In | 12.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 2: On 45 yd In | 12.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 2: On 45 yd In | 4.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: On 45 yd In | 4.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Inside 45 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Inside 45 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 2: 0.375 steps Outside 30 yd In | 9.625 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 2.75 steps Outside 35 yd In | 8.25 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 1.875 steps Outside 40 yd In | 12.625 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 3.375 steps Outside 35 yd In | 8.625 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 2.25 steps Outside 30 yd In | 5.875 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Outside 25 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Outside 25 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 30 yd In | 13.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 30 yd In | 5.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 30 yd In | 3.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 40 yd In | 12.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 2: 2.5 steps Inside 35 yd In | 4.5 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 2.5 steps Inside 35 yd In | 4.5 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 2: On 40 yd In | On Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: On 40 yd In | On Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: On 40 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: On 40 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 2.25 steps Outside 30 yd In | 12.875 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 1.5 steps Inside 30 yd In | 4.625 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 0.5 steps Inside 35 yd In | 10.625 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 0.625 steps Inside 30 yd In | 5.25 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 2.875 steps Outside 30 yd In | 0.875 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Outside 25 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Outside 25 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 25 yd In | 5.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 25 yd In | 13.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 2.0 steps Outside 30 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 30 yd In | 12.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 2: On 35 yd In | 12.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 2: On 35 yd In | 12.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 2: On 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 1.25 steps Inside 35 yd In | 13.5 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 1.25 steps Inside 35 yd In | 13.5 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Inside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Inside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 4.0 steps Outside 40 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 4.0 steps Outside 40 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 2: 3.5 steps Outside 30 yd In | 13.5 steps Behind Front side line |
| 44 | Move 16 | Perc | 16 | Side 2: 0.25 steps Outside 30 yd In | 2.625 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 2.25 steps Outside 35 yd In | 9.625 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 1.25 steps Outside 30 yd In | 3.25 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 2.625 steps Outside 30 yd In | 1.625 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: On 25 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: On 25 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 25 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 25 yd In | 12.0 steps Behind Front side line |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 30 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 30 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: On 35 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: On 35 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 4.0 steps Outside 35 yd In | 12.0 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 4.0 steps Outside 35 yd In | 12.0 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 2: On 40 yd In | 12.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 2: On 40 yd In | 12.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 2: On 35 yd In | 4.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: On 35 yd In | 4.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Inside 35 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Inside 35 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 2: 1.0 steps Outside 30 yd In | 11.25 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 3.375 steps Inside 30 yd In | 6.5 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 3.375 steps Inside 35 yd In | 11.75 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 2.5 steps Inside 30 yd In | 7.0 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 2.75 steps Outside 30 yd In | 3.375 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 25 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 25 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 25 yd In | 2.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 25 yd In | 10.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 4.0 steps Outside 30 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 30 yd In | 8.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 2: On 35 yd In | 8.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 2: On 35 yd In | 8.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 2: On 35 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 1.375 steps Outside 35 yd In | 12.625 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 1.375 steps Outside 35 yd In | 12.625 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 2: On 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: On 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: On 35 yd In | 8.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: On 35 yd In | 8.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: On 35 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: On 35 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|-------------------------------------|---|
| 43 | | 0 | 0 | Side 2: 2.375 steps Inside 25 yd In | 9.875 steps Behind Front side line |
| 44 | Move 16 | Perc | 16 | Side 2: 3.5 steps Outside 30 yd In | 1.5 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 0.125 steps Inside 30 yd In | 7.375 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 3.625 steps Inside 25 yd In | 1.0 steps In Front Of Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 1.0 steps Outside 30 yd In | 6.375 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 30 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 30 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 30 yd In | 2.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 30 yd In | 10.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 4.0 steps Outside 35 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 35 yd In | 12.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 2: On 40 yd In | 12.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 2: On 40 yd In | 12.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 2: On 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 3.0 steps Inside 40 yd In | 9.75 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 3.0 steps Inside 40 yd In | 9.75 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Inside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Inside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 4.0 steps Outside 50 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 4.0 steps Outside 50 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 3.375 steps Inside 25 yd In | 11.75 steps Behind Front side line |
| 44 | Move 16 | Perc | 16 | Side 2: 1.875 steps Outside 30 yd In | 0.5 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 3.0 steps Inside 30 yd In | 8.5 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 2.875 steps Outside 30 yd In | 1.25 steps Behind Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 2.0 steps Outside 30 yd In | 4.125 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Inside 25 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Inside 25 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 30 yd In | 1.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 30 yd In | 7.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 2.0 steps Inside 30 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 35 yd In | 8.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 2: On 40 yd In | 8.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 2: On 40 yd In | 8.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 2: On 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 0.625 steps Inside 40 yd In | 11.125 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 0.625 steps Inside 40 yd In | 11.125 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: On 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: On 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: On 45 yd In | 8.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: On 45 yd In | 8.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: On 45 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: On 45 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|-------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 0.5 steps Inside 25 yd In | 6.125 steps Behind Front side line |
| 44 | Move 16 | Perc | 16 | Side 2: 1.5 steps Inside 25 yd In | 5.75 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 2.625 steps Inside 25 yd In | 5.125 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 1.0 steps Inside 25 yd In | 5.5 steps In Front Of Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 2.0 steps Inside 30 yd In | 10.375 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: On 30 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: On 30 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 30 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 30 yd In | 12.0 steps Behind Front side line |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 35 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 35 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: On 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: On 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 3.75 steps Inside 35 yd In | 13.625 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 3.75 steps Inside 35 yd In | 13.625 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: On 40 yd In | 8.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: On 40 yd In | 8.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: On 40 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: On 40 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 1.375 steps Inside 25 yd In | 8.125 steps Behind Front side line |
| 44 | Move 16 | Perc | 16 | Side 2: 3.0 steps Inside 25 yd In | 3.625 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 2.625 steps Outside 30 yd In | 6.25 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 2.25 steps Inside 25 yd In | 3.25 steps In Front Of Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 0.375 steps Inside 30 yd In | 8.5 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Outside 30 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Outside 30 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 30 yd In | 5.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 30 yd In | 13.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 2.0 steps Outside 35 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 35 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: On 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: On 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 1.75 steps Outside 40 yd In | 12.375 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 1.75 steps Outside 40 yd In | 12.375 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Outside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Outside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 4.0 steps Outside 45 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 4.0 steps Outside 45 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 0.25 steps Outside 25 yd In | 4.25 steps Behind Front side line |
| 44 | Move 16 | Perc | 16 | Side 2: On 25 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 0.125 steps Outside 25 yd In | 4.0 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: On 25 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 4.0 steps Outside 35 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Inside 30 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Inside 30 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 35 yd In | 1.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 35 yd In | 7.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 2.0 steps Inside 35 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 40 yd In | 8.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 2: On 45 yd In | 8.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 2: On 45 yd In | 8.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 2: On 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 1.25 steps Inside 45 yd In | 4.5 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 1.25 steps Inside 45 yd In | 4.5 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Inside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Inside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: 4.0 steps Outside 40 yd In | 12.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 4.0 steps Outside 40 yd In | 12.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Outside 40 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Outside 40 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 0.375 steps Inside 40 yd In | 12.25 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 0.375 steps Outside 50 yd In | 12.375 steps In Front Of Back Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 1.625 steps Inside 40 yd In | 13.625 steps Behind Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | On 50 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 40 yd In | 4.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 40 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 45 yd In | 8.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 50 yd In | 8.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | On 50 yd In | 12.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 2: 2.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 2.0 steps Outside 50 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | On 50 yd In | 4.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | On 50 yd In | 4.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Outside 50 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Outside 50 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 1: 2.5 steps Inside 40 yd In | 13.375 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 2.25 steps Outside 50 yd In | 12.125 steps In Front Of Back Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 3.5 steps Outside 45 yd In | 13.375 steps In Front Of Back Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 2.625 steps Outside 50 yd In | 11.75 steps In Front Of Back Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 1.625 steps Inside 40 yd In | 11.125 steps In Front Of Back Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Inside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Inside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 40 yd In | 7.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 40 yd In | 1.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 40 yd In | 9.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | On 50 yd In | 8.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 2: 3.25 steps Outside 50 yd In | 10.25 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 3.25 steps Outside 50 yd In | 10.25 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Inside 45 yd In | 12.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Inside 45 yd In | 12.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 2: 4.0 steps Outside 50 yd In | 4.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 4.0 steps Outside 50 yd In | 4.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Outside 50 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Outside 50 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 1: 2.625 steps Outside 35 yd In | 6.5 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 1: 0.125 steps Inside 35 yd In | 2.25 steps Behind Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 1: 2.5 steps Inside 30 yd In | 10.25 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 1: 3.25 steps Inside 40 yd In | 9.25 steps In Front Of Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 1: 1.625 steps Outside 50 yd In | 11.875 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 4.0 steps Outside 45 yd In | On Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 4.0 steps Outside 45 yd In | On Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 45 yd In | 2.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 45 yd In | 10.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps Behind Front side line |
| 53 | Move 8 | 190-191 | 8 | On 50 yd In | 12.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 45 yd In | 12.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 45 yd In | 12.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 45 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 1.25 steps Inside 45 yd In | 4.5 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 1.25 steps Inside 45 yd In | 4.5 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 4.0 steps Inside 40 yd In | 8.0 steps In Front Of Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Inside 40 yd In | 4.0 steps Behind Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Inside 40 yd In | 4.0 steps Behind Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 2: 1.75 steps Inside 40 yd In | 1.5 steps Behind Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 1.75 steps Outside 35 yd In | 5.25 steps In Front Of Front Hash (HS) |
| 45 | Move 16 | Perc | 16 | Side 2: 2.125 steps Outside 40 yd In | 4.375 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 3.875 steps Inside 30 yd In | 4.625 steps In Front Of Front Hash (HS) |
| 47 | Move16 | 172-175 | 16 | Side 2: 3.5 steps Outside 40 yd In | 6.375 steps Behind Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Inside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Inside 45 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | On 50 yd In | 7.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | On 50 yd In | 1.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | On 50 yd In | 9.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 1: 4.0 steps Inside 45 yd In | 12.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 40 yd In | 8.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 1: 1.625 steps Inside 40 yd In | 7.375 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 1.625 steps Inside 40 yd In | 7.375 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.0 steps Outside 45 yd In | 8.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.0 steps Outside 45 yd In | 8.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 1: On 45 yd In | On Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: On 45 yd In | On Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: On 45 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: On 45 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|---|
| 43 | | 0 | 0 | Side 2: 2.125 steps Inside 35 yd In | 1.875 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 0.125 steps Outside 35 yd In | 11.875 steps Behind Front side line |
| 45 | Move 16 | Perc | 16 | Side 2: 0.875 steps Inside 35 yd In | 11.75 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 0.125 steps Inside 30 yd In | 13.375 steps Behind Front side line |
| 47 | Move16 | 172-175 | 16 | Side 2: 0.375 steps Outside 35 yd In | 2.875 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: 2.0 steps Inside 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: 2.0 steps Inside 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 45 yd In | 7.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 45 yd In | 1.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 45 yd In | 9.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps Behind Front side line |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 45 yd In | 12.0 steps Behind Front side line |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 45 yd In | 12.0 steps Behind Front side line |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 45 yd In | 8.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 1: 1.625 steps Inside 45 yd In | 13.75 steps Behind Front side line |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 1.625 steps Inside 45 yd In | 13.75 steps Behind Front side line |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.0 steps Inside 40 yd In | 12.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 1: On 40 yd In | 4.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: On 40 yd In | 4.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Outside 40 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Outside 40 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 0.375 steps Inside 35 yd In | 3.0 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 1.75 steps Inside 35 yd In | 9.75 steps Behind Front side line |
| 45 | Move 16 | Perc | 16 | Side 2: 0.375 steps Inside 35 yd In | 13.875 steps In Front Of Front Hash (HS) |
| 46 | Move 14 | 168-171 | 14 | Side 2: 0.125 steps Outside 30 yd In | 10.75 steps Behind Front side line |
| 47 | Move16 | 172-175 | 16 | Side 2: 1.25 steps Outside 35 yd In | 5.375 steps In Front Of Front Hash (HS) |
| 48 | Move 16 | 176-179 | 16 | Side 2: On 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 49 | Hold 11 | 180-183 | 11 | Side 2: On 40 yd In | 8.0 steps Behind Front Hash (HS) |
| 50 | Move 8 | 184-185 | 8 | Side 2: On 45 yd In | 10.0 steps Behind Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: On 45 yd In | 2.0 steps Behind Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: On 45 yd In | 6.0 steps In Front Of Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 4.0 steps Outside 50 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: 4.0 steps Inside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: 4.0 steps Inside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: 4.0 steps Inside 45 yd In | 8.0 steps Behind Front side line |
| 57 | Move 12 | 200-202 | 12 | Side 1: 3.25 steps Outside 50 yd In | 10.25 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 3.25 steps Outside 50 yd In | 10.25 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.0 steps Outside 45 yd In | 12.0 steps Behind Front side line |
| 61 | Move 12 | 218-220 | 12 | Side 1: On 45 yd In | 4.0 steps Behind Front side line |
| 62 | Hold 8 | 221-222 | 8 | Side 1: On 45 yd In | 4.0 steps Behind Front side line |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Outside 45 yd In | On Front side line |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Outside 45 yd In | On Front side line |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|--------------------------------------|--|
| 43 | | 0 | 0 | Side 2: 3.625 steps Outside 50 yd In | 12.125 steps In Front Of Front Hash (HS) |
| 44 | Move 16 | Perc | 16 | Side 2: 4.0 steps Outside 50 yd In | On Front side line |
| 45 | Move 16 | Perc | 16 | Side 2: 4.0 steps Outside 50 yd In | On Front side line |
| 46 | Move 14 | 168-171 | 14 | Side 2: 4.0 steps Outside 50 yd In | On Front side line |
| 47 | Move16 | 172-175 | 16 | Side 2: 4.0 steps Outside 50 yd In | On Front side line |
| 48 | Move 16 | 176-179 | 16 | Side 2: On 40 yd In | 12.0 steps Behind Front side line |
| 49 | Hold 11 | 180-183 | 11 | Side 2: On 40 yd In | 12.0 steps Behind Front side line |
| 50 | Move 8 | 184-185 | 8 | Side 2: 4.0 steps Outside 40 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 4.0 steps Outside 40 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 4.0 steps Outside 40 yd In | 4.0 steps Behind Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 35 yd In | 4.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: On 40 yd In | On Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: On 40 yd In | On Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 40 yd In | 4.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 2.5 steps Outside 40 yd In | 13.375 steps In Front Of Back Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 2.5 steps Outside 40 yd In | 13.375 steps In Front Of Back Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 2.0 steps Outside 45 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 2.0 steps Outside 45 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: 2.0 steps Outside 45 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 2.0 steps Outside 45 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 2: 2.0 steps Outside 45 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 2: 2.0 steps Outside 45 yd In | 8.0 steps In Front Of Back Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|------------------------------------|--|
| 43 | | 0 | 0 | Side 1: On 45 yd In | 4.0 steps Behind Front side line |
| 44 | Move 16 | Perc | 16 | Side 1: On 45 yd In | On Front side line |
| 45 | Move 16 | Perc | 16 | Side 1: On 45 yd In | On Front side line |
| 46 | Move 14 | 168-171 | 14 | Side 1: On 45 yd In | On Front side line |
| 47 | Move 16 | 172-175 | 16 | Side 1: On 45 yd In | On Front side line |
| 48 | Move 16 | 176-179 | 16 | Side 2: On 45 yd In | 12.0 steps Behind Front side line |
| 49 | Hold 11 | 180-183 | 11 | Side 2: On 45 yd In | 12.0 steps Behind Front side line |
| 50 | Move 8 | 184-185 | 8 | Side 2: 4.0 steps Outside 45 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 4.0 steps Outside 45 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 4.0 steps Outside 45 yd In | 4.0 steps Behind Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: 2.0 steps Outside 50 yd In | 4.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 1: On 45 yd In | On Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 1: On 45 yd In | On Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 1: On 40 yd In | 4.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 1: 4.0 steps Inside 40 yd In | 12.0 steps In Front Of Back Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 1: 2.0 steps Outside 50 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 1: 2.0 steps Outside 50 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 1: 2.0 steps Outside 50 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 1: 2.0 steps Outside 50 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 1: 2.0 steps Outside 50 yd In | 8.0 steps In Front Of Back Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 1: 2.0 steps Outside 50 yd In | 8.0 steps In Front Of Back Hash (HS) |

| Set | Title | Measure | Counts | Side 1-Side 2 | Front-Back |
|-----|---------|---------|--------|------------------------------------|--|
| 43 | | 0 | 0 | Side 2: On 35 yd In | 4.0 steps Behind Front side line |
| 44 | Move 16 | Perc | 16 | Side 2: On 35 yd In | On Front side line |
| 45 | Move 16 | Perc | 16 | Side 2: On 35 yd In | On Front side line |
| 46 | Move 14 | 168-171 | 14 | Side 2: On 35 yd In | On Front side line |
| 47 | Move 16 | 172-175 | 16 | Side 2: On 35 yd In | On Front side line |
| 48 | Move 16 | 176-179 | 16 | Side 2: On 30 yd In | 12.0 steps Behind Front side line |
| 49 | Hold 11 | 180-183 | 11 | Side 2: On 30 yd In | 12.0 steps Behind Front side line |
| 50 | Move 8 | 184-185 | 8 | Side 2: 4.0 steps Outside 30 yd In | 12.0 steps In Front Of Front Hash (HS) |
| 51 | Move 8 | 186-187 | 8 | Side 2: 4.0 steps Outside 30 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 52 | Move 8 | 188-189 | 8 | Side 2: 4.0 steps Outside 30 yd In | 4.0 steps Behind Front Hash (HS) |
| 53 | Move 8 | 190-191 | 8 | Side 2: On 25 yd In | 4.0 steps Behind Front Hash (HS) |
| 54 | Move 8 | 192-193 | 8 | Side 2: On 30 yd In | On Front Hash (HS) |
| 55 | Hold 11 | 194-197 | 11 | Side 2: On 30 yd In | On Front Hash (HS) |
| 56 | Move 8 | 198-199 | 8 | Side 2: 4.0 steps Outside 30 yd In | 4.0 steps Behind Front Hash (HS) |
| 57 | Move 12 | 200-202 | 12 | Side 2: 4.0 steps Outside 30 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 58 | Hold 16 | 203-206 | 16 | Side 2: 4.0 steps Outside 30 yd In | 4.0 steps In Front Of Front Hash (HS) |
| 59 | Move 12 | 207-209 | 12 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 60 | Hold 24 | 210-217 | 24 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 61 | Move 12 | 218-220 | 12 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 62 | Hold 8 | 221-222 | 8 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 63 | Move 8 | 223-224 | 8 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps Behind Front Hash (HS) |
| 64 | Hold | 225-227 | 9 | Side 2: 4.0 steps Outside 35 yd In | 8.0 steps Behind Front Hash (HS) |